

The Bridge Training Institute 2025-2026 Mail-In Registration

*\$229 per full day IN-PERSON workshop including CEUs 9:00am-4:00pm at The Courtyard Marriott
Marlborough, 75 Felton Street, Marlborough, MA 01752

- November 7, 2025 **Introduction to Motivational Interviewing: Spirit & Skills**
Suzy Langevin, LICSW, LADC I
- December 5, 2025 **Motivational Interviewing: The Power of Change Talk**
Suzy Langevin, LICSW, LADC I
- December 12, 2025 **Cognitive Behavioral Therapy: CBT Theory and Core Treatment Skills**
Stefanie Gregware, LMHC & Andrea Wolloff, LMHC
- February 6, 2026 **Treating Eating Disorders: Integrating Psychotherapy and Nutrition**
Karen Chinca, LICSW & Sandra Klemmer
- April 10, 2026 **Cognitive-Behavioral Treatment of Panic Disorder and Agoraphobia**
Leonard A. Doerfler, Ph.D.
- April 30, 2026 **Group Leadership- Finding your Style, Strengthening your Skills and Confidence**
Kerrin Westerlind, LICSA & Jean Brickman, LADC I
- June 5, 2026 **Motivational Interviewing with Teens: I Don't Wanna & You Can't Make Me!**
Suzy Langevin, LICSW, LADC I

*\$119 per half-day VIRTUAL workshop including CEUs. Training will be held on ZOOM, the meeting link and all handouts will be emailed 48 hours prior to the start of the virtual training

- October 9, 2025, 9:00am-12:00pm **Understanding and Treating the Complex Puzzle of Non-Suicidal Self-Injury**
Barent Walsh, Ph.D.
- October 16, 2025, 9:00am-12:00pm **An Overview of the Cultural Humility Framework-***Jenise Katalina, LICSW*
- October 22, 2025, 9:00am-12:00pm **LGBTQ+ 101-***Oscar Oliveira Soens & Suzy Langevin, LICSW, LADC I*
- November 6, 2025, 9:00am-12:00pm **What We Owe to Each Other: Social Medicine and Community Care**
Nicole Melissa Morin, LICSW
- November 13, 2025, 9:00am-12:00pm **Understanding, Managing, & Treating Suicidal Behavior**
-Barent Walsh, Ph.D.
- November 20, 2025, 1:00pm-4:00pm **Intertwined Issues Series: Trauma & Substance Use**
Suzy Langevin, LICSW, LADC I, & Jean Brickman, LADC I
- December 4, 2025, 9:00am-12:00pm **Mental Health of Older Adults: Assessment, Screening, and Interventions**
Nicole Melissa Morin, LICSW
- January 8, 2026, 9:00am-12:00pm **Youth Vaping & Tobacco Use: Strategies for Intervention**
Suzy Langevin, LICSW, LADC I

- January 15, 2026, 9:00am-1:00pm **Cognitive Behavioral Therapy for Generalized Anxiety Disorder**
Stefanie Gregware, LMHC & Andrea Wolloff, LMHC
- January 22, 2026, 1:00pm-4:00pm **Intertwined Issues Series: Substance Use and Psychosis**
Suzy Langevin, LICSW, LADC I & Jean Brickman, LADC I
- February 5, 2026, 9:00am-12:00pm **Growing into Ourselves: The Aging Process, Ageism, and Aging in Special Populations**
Nicole Melissa Morin, LICSW
- February 12, 2026, 9:00am-1:00pm **Cognitive Behavioral Therapy for Symptoms of Depression**
Stefanie Gregware, LMHC & Andrea Wolloff, LMHC
- March 5, 2026, 9:00am-12:00pm **Death and Dying: Exploring and Supporting What is Most Important Across the Lifespan and the Dying Process**
Nicole Melissa Morin, LICSW
- March 12, 2026, 9:00am-1:00pm **Cognitive Behavioral Therapy for Social Anxiety**
Stefanie Gregware, LMHC & Andrea Wolloff, LMHC
- March 19, 2026, 9:00am-12:00pm **Harm Reduction: Principles & Practices**
Suzy Langevin, LICSW, LADC I
- April 2, 2026, 9:00am-12:00pm **Illness Management & Recovery (IMR) Training Overview**
Kerrin Westerlind, LICSW
- April 9, 2026, 9:00am-1:00pm **LGBTQIA+ Affirmative Care**
Nicole Melissa Morin, LICSW
- May 7, 2026, 9:00am-12:00pm **The Art of Attunement in the Therapeutic Relationship**
Jenise Katalina, LICSW
- May 14, 2026, 9:00am-12:00pm **Intertwined Issues Series- Pain and Substance Use**
Jean Brickman, LADC I
- June 19, 2026, 1:00pm-5:00pm **Intro to DBT: Foundation and Framework**
Elizabeth Korchari, LMHC

□ **The Dialectical Behavior Therapy Skills Training**-Elizabeth Korchari (formerly Plante), MA, LMHC, DBTC
**This training will be conducted ONLINE in 6 half-day sessions from 9:00pm-1:00pm for \$569 including CEUs. Please note, to receive CEU credit you must attend all 6 sessions in the series.*

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| September 5, 2025 | DBT Skills Part 1 |
| September 19, 2025 | DBT Skills Part 2 |
| October 3, 2025 | DBT Skills Part 3 |
| October 17, 2025 | DBT Skills Part 4 |
| October 31, 2025 | DBT Skills Part 5 |
| November 14, 2025 | DBT Skills Part 6 |

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Please indicate the type of continuing education credit requested:

- MA-NASW LADC MA-Licensed Mental Health Counselor-LMHC MA-CHW
 MA-LMFT OTHER

Registrant Name: _____ **Telephone:** _____

Organization: _____

Street: _____ **City:** _____

State: ____ **Zip Code:** _____ **Email Address:** _____

Online Registration is available at: www.thebridgetraininginstitute.org

Pay by Check:

Mail this form and your check payable to The Bridge Training Institute a program of Open Sky, 4 Mann Street, Worcester, MA 01602

Pay by Purchase Order: Please email your purchase order with this completed registration form to:
traininginstitute@openskycs.org

MA Vendor Code: VC6000166455

Federal ID #: 04-2587863

Email to request W9- traininginstitute@openskycs.org

Pay by Credit Card: Please contact Amanda Gibbons at (508) 318-7394

Snow Cancellation - Rescheduling Policy: An In-Person training event will only be cancelled due to extreme inclement weather and will always be rescheduled. Cancellation information will be posted on our website at:
www.thebridgetraininginstitute.org

Registrant Cancellation: If a registrant is unable to attend a workshop, he/she is welcome to send a substitute, or, if notice of cancellation is received at least 5 business days prior to the workshop, the registrant may credit his/her registration fee toward another workshop within the same training season. No refunds will be given.

Special Accommodations & Nursing Mothers: The facilities at the Best Western Royal Plaza are fully accessible. On a space available basis, a private guest room can be provided at no charge for nursing mothers. Please contact Amanda Gibbons at 508-318-7394 or amanda.gibbons@openskycs.org to request any special accommodations.

Grievance Policy: Any registrant who is dissatisfied with any aspect of a training is encouraged to contact Amanda Gibbons at 508-318-7394. Every effort will be made to remediate the complaint in a satisfactory manner.

The Bridge Training Institute a program of Open Sky Community Services
4 Mann Street, Worcester, MA 01602 • (508) 755-0333
traininginstitute@openskycs.org
www.thebridgetraininginstitute.org

Training CEU Information

Full Day IN-PERSON Workshops:

- 6 CE credits approved for: MA Licensed Mental Health Counselors; MA Licensed Marriage & Family Therapists, MA Licensed Alcohol and Drug Counselors, MA Community Health Workers
- 5.5 credits approved for MA Social Workers
- Educators - Massachusetts, New Hampshire & Maine Certificate of Attendance - 6 hours
- Nurses - Trainings satisfy the MA Board of Nursing (244 CMR 5.00) for 6 contact hours.

3 Hour Half-Day Workshops:

- 3 CE credits approved for: MA Licensed Mental Health Counselors; MA Licensed Marriage & Family Therapists, MA Licensed Alcohol and Drug Counselors, MA Community Health Worker
- 2.5 credits approved for MA Social Workers
- Educators - Massachusetts, New Hampshire & Maine Certificate of Attendance - 3 hours
- Nurses - Trainings satisfy the MA Board of Nursing (244 CMR 5.00) for 3 contact hours.

4 Hour Half-Day Workshops:

- 4 CE credits approved for: MA Licensed Mental Health Counselors; MA Licensed Marriage & Family Therapists, MA Licensed Alcohol and Drug Counselors, MA Community Health Worker
- 3.5 credits approved for MA Social Workers
- Educators - Massachusetts, New Hampshire & Maine Certificate of Attendance - 4 hours
- Nurses - Trainings satisfy the MA Board of Nursing (244 CMR 5.00) for 4 contact hours.

For each DBT Skills Series:

- 24 CE credits approved for: MA Licensed Mental Health Counselors; MA Licensed Marriage & Family Therapists, MA Licensed Alcohol and Drug Counselors
- 21 credits approved for MA Social Workers
- Educators - Massachusetts, New Hampshire & Maine Certificate of Attendance - 24 hours
- Nurses - Trainings satisfy the MA Board of Nursing (244 CMR 5.00) for 24 contact hours.

****PLEASE NOTE: To receive CEU credit for the DBT series, you must attend all 6 sessions.***