

## The Bridge Training Institute 2024-2025 Mail-In Registration

\*\$219 per full day IN-PERSON workshop including CEUs 9:00am-4:00pm at The Courtyard Marriott  
Marlborough, 75 Felton Street, Marlborough, MA 01752

- November 1, 2024      **Introduction to Motivational Interviewing: Spirit & Skills**  
*Suzy Langevin, LICSW, LADC I*
- December 6, 2024      **Motivational Interviewing: The Power of Change Talk**  
*Suzy Langevin, LICSW, LADC I*
- December 13, 2024      **Cognitive Behavioral Therapy: CBT Theory and Core Treatment Skills**  
*Stefanie Gregware, LMHC & Andrea Wolloff, LMHC*
- February 7, 2025      **Treating Eating Disorders: Integrating Psychotherapy and Nutrition**  
*Karen Chınca, LICSW & Sandra Klemmer*
- March 14, 2025      **Gender Diversity: Theories, Language, & Mental Health Evaluation**  
*Jeremy J. Darling, LMHC*
- March 21, 2025      **An Introduction to Perinatal Mood Disorders**  
*Jenise Katalina, LICSW*
- March 28, 2025      **Group Leadership- Finding your Style, Strengthening your Skills and Confidence**  
*Kerrin Westerlind, LICSA & Jean Brickman, LADC I*
- April 4, 2025      **Gender-Affirming Therapy: Adolescents, Hormones, & Managing Expectations**  
*Jeremy J. Darling, LMHC*
- May 1, 2025      **Blending Motivational Interviewing Strategies and Cognitive Behavioral Therapy**  
*Stefanie Gregware, LMHC & Jean Brickman, LADC I*
- May 9, 2025      **Inference-Based Cognitive Therapy for OCD**  
*Fran Kuehn, LICSW*
- May 16, 2025      **Motivational Interviewing with Teens: I Don't Wanna & You Can't Make Me!**  
*Suzy Langevin, LICSW, LADC I*

\*\$109 per half-day VIRTUAL workshop including CEUs. Trainings will be held on ZOOM, the meeting link and all handouts will be emailed 48 hours prior to the start of the virtual training

- October 9, 2024, 9:00am-12:00pm **LGBTQ+ 101-Oscar Oliveira Soens**
- October 10, 2024, 9:00am-12:00pm **An Overview of the Cultural Humility Framework-Jenise Katalina, LICSW**
- October 17, 2024, 9:00am-12:00pm **Understanding and Treating the Complex Puzzle of Non-Suicidal Self-Injury**  
*-Barent Walsh, Ph.D.*
- November 7, 2024, 9:00am-12:00pm **Understanding, Managing, & Treating Suicidal Behavior**  
*-Barent Walsh, Ph.D.*

- November 14, 2024, 1:00pm-4:00pm **Intertwined Issues Series: Trauma & Substance Use**  
*Suzy Langevin, LICSW, LADC I, & Jean Brickman, LADC I*
- January 9, 2025, 9:00am-12:00pm **Youth Vaping & Tobacco Use: Strategies for Intervention**  
*Suzy Langevin, LICSW, LADC I*
- January 16, 2025, 9:00am-1:00pm **Cognitive Behavioral Therapy for Generalized Anxiety Disorder**  
*Stefanie Gregware, LMHC & Andrea Wolloff, LMHC*
- Jan. 22 & Feb. 5, 2025, 9:00am-12:00pm, **Hoarding Interventions 2-Part Virtual Series-Jesse Edsell-Vetter**  
*\*Please note, this training series is \$200 and to receive CEU credit you must attend both sessions.*
- January 23, 2025, 1:00pm-4:00pm **Intertwined Issues Series: Suicide & Substance Use**  
*Suzy Langevin, LICSW, LADC I & Jean Brickman, LADC I*
- February 15, 2024, 9:00am-1:00pm **Cognitive Behavioral Therapy for Symptoms of Depression**  
*Stefanie Gregware, LMHC & Andrea Wolloff, LMHC*
- February 27, 2025, 1:00pm-4:00pm **Intertwined Issues Series: Substance Use and Psychosis**  
*-Suzy Langevin, LICSW, LADC I*
- March 20, 2025, 9:00am-12:00pm **Harm Reduction: Principles & Practices**  
*Suzy Langevin, LICSW, LADC I*
- March 27, 2025, 1:00pm-4:00pm **Intertwined Issues Series- Pain and Substance Use**  
*Jean Brickman, LADC I*
- April 3, 2025, 9:00am-12:00pm **Illness Management & Recovery (IMR) Training Overview**  
*Kerrin Westerlind, LICSW*
- April 10, 2025, 9:00am-1:00pm **Cognitive Behavioral Therapy for Social Anxiety**  
*Stefanie Gregware, LMHC & Andrea Wolloff, LMHC*

□ **The Dialectical Behavior Therapy Skills Training-** Elizabeth Korchari (formerly Plante), MA, LMHC, DBTC

*\*This training will be conducted ONLINE in 6 half-day sessions from 2:00pm-6:00pm for \$500 including CEUs. Please note, to receive CEU credit you must attend all 6 sessions in the series.*

September 13, 2024	DBT Skills Part 1
September 27, 2024	DBT Skills Part 2
October 11, 2024	DBT Skills Part 3
October 25, 2024	DBT Skills Part 4
November 8, 2024	DBT Skills Part 5
November 22, 2024	DBT Skills Part 6

## The Bridge Training Institute 2024-2025 Mail-In Registration

**Please indicate the type of continuing education credit requested:**

- MA – NASW       LADC       MA - Licensed Mental Health Counselor-LMHC  
 MA - LMFT       OTHER

**Registrant Name:** \_\_\_\_\_ **Telephone:** \_\_\_\_\_

**Organization:** \_\_\_\_\_

**Street:** \_\_\_\_\_ **City:** \_\_\_\_\_

**State:** \_\_\_\_ **Zip Code:** \_\_\_\_\_ **Email Address:** \_\_\_\_\_

**Online Registration is available at:** [www.thebridgetraininginstitute.org](http://www.thebridgetraininginstitute.org)

**Pay by Check:**

Mail this form and your check payable to The Bridge Training Institute a program of Open Sky, 4 Mann Street, Worcester, MA 01602

**Pay by Purchase Order:** Please email your purchase order with this completed registration form to:  
[traininginstitute@openskycs.org](mailto:traininginstitute@openskycs.org)

**MA Vendor Code:** VC6000166455

**Federal ID #:** 04-2587863

**Email to request W9-** [traininginstitute@openskycs.org](mailto:traininginstitute@openskycs.org)

**Pay by Credit Card:** Please contact Amanda Gibbons at (508) 318-7394

**Snow Cancellation - Rescheduling Policy:** An In-Person training event will only be cancelled due to extreme inclement weather and will always be rescheduled. Cancellation information will be posted on our website at:  
[www.thebridgetraininginstitute.org](http://www.thebridgetraininginstitute.org)

**Registrant Cancellation:** If a registrant is unable to attend a workshop, he/she is welcome to send a substitute, or, if notice of cancellation is received at least 5 business days prior to the workshop, the registrant may credit his/her registration fee toward another workshop within the same training season. No refunds will be given.

**Special Accommodations & Nursing Mothers:** The facilities at the Best Western Royal Plaza are fully accessible. On a space available basis, a private guest room can be provided at no charge for nursing mothers. Please contact Amanda Gibbons at 508-318-7394 or [amanda.gibbons@openskycs.org](mailto:amanda.gibbons@openskycs.org) to request any special accommodations.

**Grievance Policy:** Any registrant who is dissatisfied with any aspect of a training is encouraged to contact Amanda Gibbons at 508-318-7394. Every effort will be made to remediate the complaint in a satisfactory manner.

The Bridge Training Institute a program of Open Sky Community Services, Inc.  
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[traininginstitute@openskycs.org](mailto:traininginstitute@openskycs.org)  
[www.thebridgetraininginstitute.org](http://www.thebridgetraininginstitute.org)

## **Training CEU Information**

### **Full Day IN-PERSON Workshops:**

- 6 CE credits approved for: MA Licensed Mental Health Counselors; MA Licensed Marriage & Family Therapists, MA Licensed Alcohol and Drug Counselors
- 5.5 credits approved for MA Social Workers
- Educators - Massachusetts, New Hampshire & Maine Certificate of Attendance - 6 hours
- Nurses - Trainings satisfy the MA Board of Nursing (244 CMR 5.00) for 6 contact hours.

### **3 Hour Half-Day Workshops:**

- 3 CE credits approved for: MA Licensed Mental Health Counselors; MA Licensed Marriage & Family Therapists, MA Licensed Alcohol and Drug Counselors
- 2.5 credits approved for MA Social Workers
- Educators - Massachusetts, New Hampshire & Maine Certificate of Attendance - 3 hours
- Nurses - Trainings satisfy the MA Board of Nursing (244 CMR 5.00) for 3 contact hours.

### **4 Hour Half-Day Workshops:**

- 4 CE credits approved for: MA Licensed Mental Health Counselors; MA Licensed Marriage & Family Therapists, MA Licensed Alcohol and Drug Counselors
- 3.5 credits approved for MA Social Workers
- Educators - Massachusetts, New Hampshire & Maine Certificate of Attendance - 4 hours
- Nurses - Trainings satisfy the MA Board of Nursing (244 CMR 5.00) for 4 contact hours.

### **Hoarding Interventions Series:**

- 6 CE credits approved for: MA Licensed Mental Health Counselors; MA Licensed Marriage & Family Therapists, MA Licensed Alcohol and Drug Counselors
- 5.5 credits approved for MA Social Workers
- Educators - Massachusetts, New Hampshire & Maine Certificate of Attendance – 6 hours
- Nurses - Trainings satisfy the MA Board of Nursing (244 CMR 5.00) for 6 contact hours.
- PLEASE NOTE: To receive CEU credit for the Hoarding Intervention Training you must attend both sessions.

### **For each DBT Skills Series:**

- 24 CE credits approved for: MA Licensed Mental Health Counselors; MA Licensed Marriage & Family Therapists, MA Licensed Alcohol and Drug Counselors
- 21 credits approved for MA Social Workers
- Educators - Massachusetts, New Hampshire & Maine Certificate of Attendance - 24 hours
- Nurses - Trainings satisfy the MA Board of Nursing (244 CMR 5.00) for 24 contact hours.
- PLEASE NOTE: To receive CEU credit for the DBT series, you must attend all 6 sessions.