

## The Bridge Training Institute 2023-2024 Mail-In Registration

\*\$219 per full day **IN-PERSON** workshop including CEUs 9:00am-4:00pm at Best Western Royal Plaza Hotel & Trade Center, 181 Boston Post Rd W, Marlborough, MA 01752

- October 27, 2023      **Introduction to Motivational Interviewing: Spirit & Skills**  
*Suzy Langevin, LICSW, LADC I*
- December 1, 2023      **Motivational Interviewing: The Power of Change Talk**  
*Suzy Langevin, LICSW, LADC I*
- December 15, 2023      **Cognitive Behavioral Therapy: CBT Theory and Core Treatment Skills**  
*Stefanie Gregware, LMHC & Andrea Wolloff, LMHC*
- February 9, 2024      **Treating Eating Disorders: Integrating Psychotherapy and Nutrition**  
*Karen Chinca, LICSW & Sandra Klemmer*
- March 29, 2024      **Utilizing a Liberation Lens in Treating Racial Trauma**  
*Jenise Katalina, LICSW*
- May 2, 2024      **Motivational Interviewing with Teens: I Don't Wanna & You Can't Make Me!**  
*Suzy Langevin, LICSW, LADC I*
- May 16, 2024      **Cognitive Behavioral Therapy Skills Application**  
*Stefanie Gregware, LMHC & Andrea Wolloff, LMHC*
- May 17, 2024      **Trauma Informed Interventions in Schools**  
*Fran Kuehn, LICSW*
- May 20, 2024      **Motivational Interviewing Strategies for Supervision**  
*Suzy Langevin, LICSW, LADC I*
- May 23, 2024      **Motivational Interviewing Skills Lab: Practice Makes Perfect**  
*Suzy Langevin, LICSW, LADC I*

\*\$109 per half-day **VIRTUAL** workshop including CEUs. Trainings will be held on ZOOM, the meeting link and all handouts will be emailed 48 hours prior to the start of the virtual training

- October 12, 2023, 9:00am-12:00pm **An Overview of the Cultural Humility Framework**-*Jenise Katalina, LICSW*
- October 26, 2023, 9:00am-12:00pm **Understanding and Treating the Complex Puzzle of Non-Suicidal Self-Injury**  
*-Barent Walsh, Ph.D.*
- November 2, 2023, 1:00pm-4:00pm **Intertwined Issues Series: Trauma & Substance Use**  
*-Suzy Langevin, LICSW, LADC I, & Jean Brickman, LADC I*
- November 16, 2023, 9:00am-12:00pm **Understanding, Managing, & Treating Suicidal Behavior**  
*-Barent Walsh, Ph.D.*
- November 30, 2023, 9:00am-12:00pm **Cultural Humility in Supervision**-*Jenise Katalina, LICSW*
- December 7, 2023, 1:00pm-4:00pm **Intertwined Issues Series: Suicide & Substance Use**  
*-Suzy Langevin, LICSW, LADC I & Jean Brickman, LADC I*
- January 11, 2024, 1:00pm-4:00pm **Intertwined Issues Series: Housing Issues & Substance Use**  
*-Suzy Langevin, LICSW, LADC I & William Nall, LMHC*

- January 18, 2024, 9:00am-1:00pm     **Cognitive Behavioral Therapy for Generalized Anxiety Disorder**  
*Stefanie Gregware, LMHC & Andrea Wolloff, LMHC*
- Jan. 24 & Feb. 7, 2024, 9:00am-12:00pm, **Hoarding Interventions 2-Part Virtual Series-Jesse Edsell-Vetter**  
*\*Please note, this training series is \$200 and to receive CEU credit you must attend both sessions.*
- February 29, 2024, 9:00am-12:00pm **Illness Management & Recovery (IMR) Training Overview**  
*Kerrin Westerlind, LICSW*
- February 8, 2024, 1:00pm-4:00pm     **Intertwined Issues Series: Substance Use and Psychosis**  
*-Suzy Langevin, LICSW, LADC I*
- February 15, 2024, 9:00am-1:00pm   **Cognitive Behavioral Therapy for Symptoms of Depression**  
*Stefanie Gregware, LMHC & Andrea Wolloff, LMHC*
- March 7, 2024, 9:00am-12:00pm     **Harm Reduction: Principles & Practices**  
*Suzy Langevin, LICSW, LADC I*
- March 14, 2024, 9:00am-1:00pm     **Cognitive Behavioral Therapy for Psychosis**  
*Stefanie Gregware, LMHC & Andrea Wolloff, LMHC*
- April 11, 2024, 9:00am-1:00pm     **Cognitive Behavioral Therapy for Social Anxiety**  
*Stefanie Gregware, LMHC & Andrea Wolloff, LMHC*
- May 7, 2024, 1:00pm-5:00pm         **The Adherent DBT Consultation Team**  
*Elizabeth Plante, LMHC*

- **The Dialectical Behavior Therapy Skills Training Track** – with Elizabeth Plante, LMHC  
*\*This training will be conducted ONLINE in 6 half-day sessions from 1:00pm-5:00pm for \$500 including CEUs. Please note, to receive CEU credit you must attend all 6 sessions in the series.*

September 12, 2023	DBT Skills Part 1
September 26, 2023	DBT Skills Part 2
October 10, 2023	DBT Skills Part 3
October 24, 2023	DBT Skills Part 4
November 7, 2023	DBT Skills Part 5
November 21, 2023	DBT Skills Part 6

- **The Dialectical Behavior Therapy Individual Therapy Track**–with Elizabeth Plante, LMHC.  
*\*This training will be conducted ONLINE in 6 half-day sessions from 1:00pm-5:00pm for \$500 including CEUs. Please note, to receive CEU credit you must attend all 6 sessions in the series.*

February 13, 2024	Individual Therapy Part 1
February 24, 2024	Individual Therapy Part 2
March 12, 2024	Individual Therapy Part 3
March 26, 2024	Individual Therapy Part 4
April 9, 2024	Individual Therapy Part 5
April 23, 2024	Individual Therapy Part 6

## The Bridge Training Institute 2023-2024 Mail-In Registration

**Please indicate the type of continuing education credit requested:**

- |   |                                    |                                |
|---|------------------------------------|--------------------------------|
| <input type="checkbox"/> American Psychological Association-APA     | <input type="checkbox"/> MA – NASW | <input type="checkbox"/> LADC  |
| <input type="checkbox"/> MA - Licensed Mental Health Counselor-LMHC | <input type="checkbox"/> MA - LMFT | <input type="checkbox"/> OTHER |

**Registrant Name:** \_\_\_\_\_ **Telephone:** \_\_\_\_\_

**Organization:** \_\_\_\_\_

**Street:** \_\_\_\_\_ **City:** \_\_\_\_\_

**State:** \_\_\_\_ **Zip Code:** \_\_\_\_\_ **Email Address:** \_\_\_\_\_

**Online Registration is available at:** [www.thebridgetraininginstitute.org](http://www.thebridgetraininginstitute.org)

**Pay by Check:**

Mail this form and your check payable to The Bridge Training Institute a program of Open Sky, 4 Mann Street, Worcester, MA 01602

**Pay by Purchase Order:** Please email your purchase order with this completed registration form to:  
[traininginstitute@openskycs.org](mailto:traininginstitute@openskycs.org)

**MA Vendor Code:** VC6000166455

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**Email to request W9-** [traininginstitute@openskycs.org](mailto:traininginstitute@openskycs.org)

**Pay by Credit Card:** Please contact Amanda Gibbons at (508) 318-7394

**Snow Cancellation - Rescheduling Policy:** An In-Person training event will only be cancelled due to extreme inclement weather and will always be rescheduled. Cancellation information will be posted on our website at:  
[www.thebridgetraininginstitute.org](http://www.thebridgetraininginstitute.org)

**Registrant Cancellation:** If a registrant is unable to attend a workshop, he/she is welcome to send a substitute, or, if notice of cancellation is received at least 5 business days prior to the workshop, the registrant may credit his/her registration fee toward another workshop within the same training season. No refunds will be given.

**Special Accommodations & Nursing Mothers:** The facilities at the Best Western Royal Plaza are fully accessible. On a space available basis, a private guest room can be provided at no charge for nursing mothers. Please contact Amanda Gibbons at 508-318-7394 or [amanda.gibbons@openskycs.org](mailto:amanda.gibbons@openskycs.org) to request any special accommodations.

**Grievance Policy:** Any registrant who is dissatisfied with any aspect of a training is encouraged to contact Amanda Gibbons at 508-318-7394. Every effort will be made to remediate the complaint in a satisfactory manner.

The Bridge Training Institute a program of Open Sky Community Services, Inc.

4 Mann Street, Worcester, MA 01602 • (508) 755-0333

[traininginstitute@openskycs.org](mailto:traininginstitute@openskycs.org)

[www.thebridgetraininginstitute.org](http://www.thebridgetraininginstitute.org)

## **Training CEU Information**

### **Full Day IN-PERSON Workshops:**

- 6 CE credits approved for: Psychologists; MA Licensed Mental Health Counselors; MA Licensed Marriage & Family Therapists, MA Licensed Alcohol and Drug Counselors
- 5.5 credits approved for MA Social Workers
- Educators - Massachusetts, New Hampshire & Maine Certificate of Attendance - 6 hours
- Nurses - Trainings satisfy the MA Board of Nursing (244 CMR 5.00) for 6 contact hours. The American Nurses Credentialing Center accepts CE's from the Massachusetts Psychological Association (APA) for recertification.

### **3 Hour Half-Day Workshops:**

- 3 CE credits approved for: Psychologists; MA Licensed Mental Health Counselors; MA Licensed Marriage & Family Therapists, MA Licensed Alcohol and Drug Counselors
- 2.5 credits approved for MA Social Workers
- Educators - Massachusetts, New Hampshire & Maine Certificate of Attendance - 3 hours
- Nurses - Trainings satisfy the MA Board of Nursing (244 CMR 5.00) for 3 contact hours. The American Nurses Credentialing Center accepts CE's from the Massachusetts Psychological Association (APA) for recertification.

### **4 Hour Half-Day Workshops:**

- 4 CE credits approved for: Psychologists; MA Licensed Mental Health Counselors; MA Licensed Marriage & Family Therapists, MA Licensed Alcohol and Drug Counselors
- 3.5 credits approved for MA Social Workers
- Educators - Massachusetts, New Hampshire & Maine Certificate of Attendance - 4 hours
- Nurses - Trainings satisfy the MA Board of Nursing (244 CMR 5.00) for 4 contact hours. The American Nurses Credentialing Center accepts CE's from the Massachusetts Psychological Association (APA) for recertification.

### **Hoarding Interventions Series:**

- 6 CE credits approved for: Psychologists; MA Licensed Mental Health Counselors; MA Licensed Marriage & Family Therapists, MA Licensed Alcohol and Drug Counselors
- 5.5 credits approved for MA Social Workers
- Educators - Massachusetts, New Hampshire & Maine Certificate of Attendance – 6 hours
- Nurses - Trainings satisfy the MA Board of Nursing (244 CMR 5.00) for 6 contact hours. The American Nurses Credentialing Center accepts CE's from the Massachusetts Psychological Association (APA) for recertification.
- PLEASE NOTE: To receive CEU credit for the Hoarding Intervention Training you must attend both sessions.

### **For each DBT Series:**

- 24 CE credits approved for: Psychologists; MA Licensed Mental Health Counselors; MA Licensed Marriage & Family Therapists, MA Licensed Alcohol and Drug Counselors
- 21 credits approved for MA Social Workers
- Educators - Massachusetts, New Hampshire & Maine Certificate of Attendance - 24 hours
- Nurses - Trainings satisfy the MA Board of Nursing (244 CMR 5.00) for 24 contact hours. The American Nurses Credentialing Center accepts CE's from the Massachusetts Psychological Association (APA) for recertification.

PLEASE NOTE: To receive CEU credit for the DBT series, you must attend all 6 sessions.



American Psychological Association: Community Healthlink is approved by the American Psychological Association to sponsor continuing education for psychologists. Community Healthlink maintains responsibility for this program and its content.