

The Bridge Training Institute 2022-2023 Mail-In Registration

***\$219 per full day IN-PERSON workshop including CEUs**

9:00am-4:00pm at The Courtyard Marriott, 75 Felton St, Marlborough, MA 01752

- October 7, 2022 **Introduction to Motivational Interviewing: Foundational Skills**
Suzy Langevin, LICSW, LADC I
- October 21, 2022 **Working with Co-Occurring Disorders: Supporting Substance Use Disorder in Mental Health Treatment**
Suzy Langevin, LICSW, LADC I & Eric Roldan, LICSW
- October 28, 2022 **Confident and Curious: How to help neurodiverse children and teens thrive in an age of anxiety-** *Sharon Saline, Psy.D.*
- November 4, 2022 **Motivational Interviewing: Building on the Basics**
Suzy Langevin, LICSW, LADC I
- December 9, 2022 **Cognitive Behavioral Therapy: CBT Theory and Core Treatment Skills**
Stefanie Gregware, LMHC & Andrea Wolloff, LMHC
- February 10, 2023 **Introduction to Clinical Supervision: Structures & Skills**
Suzy Langevin, LICSW, LADC I & Stefanie Gregware, LMHC
- March 17, 2023 **Utilizing a Liberation Lens in Treating Racial Trauma**
Jenise Katalina, LICSW
- March 31, 2023 **Best Practices in Responding to Trauma and PTSD**
Elizabeth Plante, LMHC & Andrea Wolloff, LMHC
- May 19, 2023 **Blending Motivational Interviewing Strategies with CBT**
Suzy Langevin, LICSW, LADC I & Stefanie Gregware, LMHC

***\$109 per half-day VIRTUAL workshop including CEUs. Trainings will be held on ZOOM, the meeting link and all handouts will be emailed 48 hours prior to the start of the virtual training**

- October 13, 2022, 9:00am-12:00pm, **An Overview of the Cultural Humility Framework-***Jenise Katalina, LICSW*
- October 20, 2022, 1:00pm-4:00pm, **Provider Wellness-***Kerrin Westerlind, LICSW & Stefanie Gregware, LMHC*
- November 2,16,30, 2022, 9:00am-1:00pm, **Hoarding Interventions 3-Part Virtual Series-***Jesse Edsell-Vetter*
**Please note, this training series is \$299 and to receive CEU credit you must attend all 3 sessions.*
- December 1, 2022, 1:00pm-4:00pm, **Substance Use & Psychosis: Interventions for Intertwined Issues**
Suzy Langevin, LICSW, LADC I & Stefanie Gregware, LMHC
- January 12, 2023, 9:00am-12:00pm, **Understanding and Treating the Complex Puzzle of Non-Suicidal Self-Injury**
Barent Walsh, Ph.D.

- January 19, 2023, 9:00am-1:00pm **Cognitive Behavioral Therapy for Generalized Anxiety Disorder**
Stefanie Gregware, LMHC & Andrea Wolloff, LMHC
- January 26, 2023, 1:00pm-4:00pm **Illness Management & Recovery (IMR) Training Overview**
Kerrin Westerlind, LICSW
- February 2, 2023, 9:00am-12:00pm **Understanding, Managing, & Treating Suicidal Behavior**
Barent Walsh, Ph.D.
- February 16, 2023, 9:00am-1:00pm **Cognitive Behavioral Therapy for Symptoms of Depression**
Stefanie Gregware, LMHC & Andrea Wolloff, LMHC
- March 16, 2023, 9:00am-1:00pm **Cognitive Behavioral Therapy for Psychosis**
Stefanie Gregware, LMHC & Andrea Wolloff, LMHC
- April 13, 2023, 9:00am-1:00pm **Cognitive Behavioral Therapy for Social Anxiety**
Stefanie Gregware, LMHC & Andrea Wolloff, LMHC
- April 27, 2023, 1:00pm-4:00pm **Harm Reduction: Principles & Practices**
Suzy Langevin, LICSW, LADC I
- May 4, 2023, 1:00pm-4:00pm **Provider Resiliency**
Kerrin Westerlind, LICSW & Stefanie Gregware, LMHC
- May 11, 2023, 1:00pm-4:00pm **Clinical Skills in Non-Clinical Settings**
Suzy Langevin, LICSW, LADC I

□ **The Dialectical Behavior Therapy Skills Training Track** – with Elizabeth Plante, LMHC
**This training will be conducted ONLINE in 6 half-day sessions from 1:00pm-5:00pm for \$500 including CEUs. Please note, to receive CEU credit you must attend all 6 sessions in the series.*

September 27, 2022	DBT Skills Part 1
October 11, 2022	DBT Skills Part 2
October 25, 2022	DBT Skills Part 3
November 8, 2022	DBT Skills Part 4
November 22, 2022	DBT Skills Part 5
December 6, 2022	DBT Skills Part 6

□ **The Dialectical Behavior Therapy Individual Therapy Track**–with Elizabeth Plante, LMHC.
**This training will be conducted ONLINE in 6 half-day sessions from 1:00pm-5:00pm for \$500 including CEUs. Please note, to receive CEU credit you must attend all 6 sessions in the series.*

February 28, 2023	Individual Therapy Part 1
March 14, 2023	Individual Therapy Part 2
March 28, 2023	Individual Therapy Part 3
April 11, 2023	Individual Therapy Part 4
April 25, 2023	Individual Therapy Part 5
May 9, 2023	Individual Therapy Part 6

The Bridge Training Institute 2022-2023 Mail-In Registration

Please indicate the type of continuing education credit requested:

- | | | |
|---|------------------------------------|--------------------------------|
| <input type="checkbox"/> American Psychological Association-APA | <input type="checkbox"/> MA – NASW | <input type="checkbox"/> LADC |
| <input type="checkbox"/> MA - Licensed Mental Health Counselor-LMHC | <input type="checkbox"/> MA - LMFT | <input type="checkbox"/> OTHER |

Registrant Name: _____ Telephone: _____

Organization: _____

Street: _____ City: _____

State: ____ Zip Code: _____ Email Address: _____

Online Registration is available at: www.thebridgetraininginstitute.org

Pay by Check:

Mail this form and your check payable to The Bridge Training Institute a program of Open Sky, 4 Mann Street, Worcester, MA 01602

Pay by Purchase Order: Please email your purchase order with this completed registration form to: traininginstitute@openskycs.org

MA Vendor Code: VC6000166455

Federal ID #: 04-2587863

Email to request W9- traininginstitute@openskycs.org

Pay by Credit Card: Please contact Amanda Gibbons at 508-356-7423

Snow Cancellation - Rescheduling Policy: An In-Person training event will only be cancelled due to extreme inclement weather and will always be rescheduled. Cancellation information will be posted on our website at: www.thebridgetraininginstitute.org

Registrant Cancellation: If a registrant is unable to attend a workshop, he/she is welcome to send a substitute, or, if notice of cancellation is received at least 5 business days prior to the workshop, the registrant may credit his/her registration fee toward another workshop within the same training season. No refunds will be given.

Special Accommodations & Nursing Mothers: The facilities at the Courtyard Marriott are fully accessible. On a space available basis, a private guest room can be provided at no charge for nursing mothers. Please contact Amanda Gibbons at 508-356-7423 or amanda.gibbons@openskycs.org to request any special accommodations.

Grievance Policy: Any registrant who is dissatisfied with any aspect of a training is encouraged to contact Amanda Gibbons at 508-356-7423. Every effort will be made to remediate the complaint in a satisfactory manner.

The Bridge Training Institute a program of Open Sky Community Services, Inc.
4 Mann Street, Worcester, MA 01602 • (508) 755-0333
traininginstitute@openskycs.org
www.thebridgetraininginstitute.org

Training CEU Information

Full Day IN-PERSON Workshops:

- 6 CE credits approved for: Psychologists; MA Licensed Mental Health Counselors; MA Licensed Marriage & Family Therapists, MA Licensed Alcohol and Drug Counselors
- 5.5 credits approved for MA Social Workers
- Educators - Massachusetts, New Hampshire & Maine Certificate of Attendance - 6 hours
- Nurses - Trainings satisfy the MA Board of Nursing (244 CMR 5.00) for 6 contact hours. The American Nurses Credentialing Center accepts CEs from the Massachusetts Psychological Association (APA) for recertification.

3 Hour Half-Day Workshops:

- 3 CE credits approved for: Psychologists; MA Licensed Mental Health Counselors; MA Licensed Marriage & Family Therapists, MA Licensed Alcohol and Drug Counselors
- 2.5 credits approved for MA Social Workers
- Educators - Massachusetts, New Hampshire & Maine Certificate of Attendance - 3 hours
- Nurses - Trainings satisfy the MA Board of Nursing (244 CMR 5.00) for 3 contact hours. The American Nurses Credentialing Center accepts CEs from the Massachusetts Psychological Association (APA) for recertification.

4 Hour Half-Day Workshops:

- 4 CE credits approved for: Psychologists; MA Licensed Mental Health Counselors; MA Licensed Marriage & Family Therapists, MA Licensed Alcohol and Drug Counselors
- 3.5 credits approved for MA Social Workers
- Educators - Massachusetts, New Hampshire & Maine Certificate of Attendance - 4 hours
- Nurses - Trainings satisfy the MA Board of Nursing (244 CMR 5.00) for 4 contact hours. The American Nurses Credentialing Center accepts CEs from the Massachusetts Psychological Association (APA) for recertification.

Hoarding Interventions Series:

- 12 CE credits approved for: Psychologists; MA Licensed Mental Health Counselors; MA Licensed Marriage & Family Therapists, MA Licensed Alcohol and Drug Counselors
- 10.5 credits approved for MA Social Workers
- Educators - Massachusetts, New Hampshire & Maine Certificate of Attendance – 12 hours
- Nurses - Trainings satisfy the MA Board of Nursing (244 CMR 5.00) for 12 contact hours. The American Nurses Credentialing Center accepts CEs from the Massachusetts Psychological Association (APA) for recertification.

PLEASE NOTE: To receive CEU credit for the Hoarding Intervention series, you must attend all 3 sessions.

For each DBT Series:

- 24 CE credits approved for: Psychologists; MA Licensed Mental Health Counselors; MA Licensed Marriage & Family Therapists, MA Licensed Alcohol and Drug Counselors
- 21 credits approved for MA Social Workers
- Educators - Massachusetts, New Hampshire & Maine Certificate of Attendance - 24 hours
- Nurses - Trainings satisfy the MA Board of Nursing (244 CMR 5.00) for 24 contact hours. The American Nurses Credentialing Center accepts CEs from the Massachusetts Psychological Association (APA) for recertification.

PLEASE NOTE: To receive CEU credit for the DBT series, you must attend all 6 sessions.