

**2016 – 2017 Training Calendar**

**The Clinical Experts Series**

**Friday, October 7, 2016, 9:00 AM – 4:00 PM**

Motivational Interviewing: Making Real Change Possible

Harry Cunningham, LICSW

**Friday, October 28, 2016**

Understanding Gender Identity: Working with Transgender and Gender-Variant Youth

Sidney Trantham, Ph.D

**Friday, November 4, 2016, 9:00 AM – 4:00 PM**

Meeting the Challenge of Suicidal and Self Injurious Behaviors:

Updating Our Toolkit to Include the Most Current Theories and Interventions

Barent Walsh, Ph.D.

**Friday, December 2, 2016, 9:00 AM – 4:00 PM**

Building Teams in Difficult Circumstances:

Developing Communication, Collaboration and Collegiality

Dan Jacobs, Psy.D

**Friday, December 9, 2016, 9:00 AM – 4:00 PM**

Dialectical Behavior Therapy with Families

Jennifer Eaton, MS, LMHC, Marie-Paule de Valdivia LCSW

**Friday, January 13, 2017, 9:00 AM – 4:00 PM**

Introduction to Cognitive-Behavior Therapy:

Everything You Need To Know to Get Started In CBT

Peter Moran, Ph.D.

**Friday, February, 10, 2017, 9:00 AM – 4:00 PM**

Psychological First Aid: Your First Response to Traumatic Events

Larry Berkowitz, Ed.D, James McCauley, LICSW

**Friday, March 10, 2017, 9:00 AM – 4:00 PM**

Effecting Change in Multi-Stressed Families:

Addressing Transgenerational Substance Abuse and Mental Health Concerns

Dan Jacobs, Psy.D

**Friday, March 17, 2017, 9:00 AM – 4:00 PM**

Solution Focused Therapy: Creating Hope and Possibilities

Ann Bodmer Lutz, M.D.

**Friday, April 7, 2017, 9:00 AM – 4:00 PM**

Mindfulness with Children and Teens:

Proven interventions in every treatment setting

Christopher Willard, Ph.D.

**Friday, May 5, 2017, 9:00 AM – 4:00 PM**

Problematic Sexual Behavior in Children and Adolescents: A Developmental Perspective

Craig Latham, Ph.D.



**2016 – 2017**

**The Dialectical Behavior Therapy Series**

With Jennifer Eaton, LMHC

**DBT Skills Training**

**Friday, November 18, 2016, 9:00 AM—4:00 PM**

DBT Skills Part 1: The biosocial theory, orientation to DBT skills and individual therapy, treatment hierarchy, structuring therapy, the Core Mindfulness skills

**Friday, December 16, 2016, 9:00 AM—4:00 PM**

DBT Skills Part 2: DBT groups, structuring and running skills groups, leader/co-leader roles, the Distress Tolerance Skills

**Friday, January 27, 2017, 9:00 AM—4:00 PM**

DBT Skills Part 3: Skills practice, DBT homework groups, Behavior Management in a group setting, the Emotion Regulation Skills

**Friday, February 17, 2017, 9:00 AM—4:00 PM**

DBT Skills Part 4: Skills coaching, validation, DBT specialty skills, the Interpersonal Effectiveness skills

**DBT Individual Therapy**

**Friday, March 24, 2017, 9:00 AM—4:00 PM**

DBT Individual Therapy Part 1: Structuring the therapy, pretreatment, behavior assessment, chain analysis,

**Friday, April 14, 2017, 9:00 AM—4:00 PM**

DBT Individual Therapy Part 2: Dialectical strategies, communication strategies, insight & didactic strategies, relationship strategies, therapy interfering behaviors

**Friday, May 19, 2017, 9:00 AM—4:00 PM**

DBT Individual Therapy Part 3: The suicide assessment protocol, coaching calls by individual therapist & milieu coaching, crisis strategies, hospital strategies

**Friday, June 2, 2017, 9:00 AM—4:00 PM**

DBT Individual Therapy Part 4: Cognitive modification, exposure techniques, case management strategies, secondary targets, and the consultation team